

# Radix® Workshop



## “The Power of...*Letting Go*”

**Sunday, November 6, 2022 9:00 A.M. - 6:30 P.M.**

**Self Investment \$425**

Ellen Brazer's office  
17130 W. Dixie Highway  
North Miami, FL 33160

Workshop leader, Certified Radix Teacher  
Ellen Brazer, MS, LMHC  
**305- 333-2718    [www.choose2evolve.com](http://www.choose2evolve.com)**

Taking charge of your life means releasing the past, dispelling the lies we were taught about ourselves and expanding into the full, prosperous lives we were destined to have.

At this time, we stand on the threshold of great change, as we embrace great transformation into new ways of being in our bodies, our relationships, and our lives.

This experiential workshop will provide a rich opportunity for you to embrace expansion, change, and living your life from inner and higher attunement. Are you still spending too much energy running an old outdated agendas; testing it out again and again; collecting your evidence for something that was never true from the beginning? Where are you still holding on to old ways, and not feeling alive and free?

We are all already good enough, and so there is nothing left to prove.

You will have some empowering experiences during this day of letting go ,and reclaiming yourself with new and expanded trust.

Join us in a day of illuminating and renewing your mind, body, and spirit; opening to your personal power, being authentically who you are, and moving forward in your life with divine consciousness.

The workshop will include:

- \*Body focused exercises for loosening and freeing the body
- \*Individual, group and partner interactions for emotional awareness, learning and release
- \*Purpose work for letting go of mind-body patterns and to integrate new understanding

**Space is limited to 6 participants only, so please register early. Please wear loose comfortable layers of clothing.**